

# Fallin'

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Rhythm & Phase: STS IV+1+1 (Triple Traveler, Solo Trn) Web Site: [www.dyca.org](http://www.dyca.org)  
Music: Fallin', by Ballroom Orchestra (3:30) Difficulty: Average  
download itunes, from the album "Hits For Ballroom Dancing", track 11 Speed: as downloaded  
Sequence: Intro - A - B - A - B - C - A - B - End Released: March 2013

## Introduction

### 1 CP WALL Wait intro pickup notes;

- 1 CP WALL lead ft free and pointed twd LOD ~ wait intro pickup notes through the words 'I keep on fallin' ; on the word 'in' hook M's L (R) in front of R (L), slowly unwind RF (LF), cont unwind to fc ptr putting full weight on L (R), on the word 'and' Cls

## Part A

### 1-4 Basic;; LF Trn Inside Roll; Basic End;

- 1-2 **[Basic]** on the word 'out' Sd L, -, XRIBL (XLIBR), Rec L; Sd R, -, XLIBR (XRIBL), Rec R beginning to pickup W;  
3 **[LF Trn Inside Roll]** Fwd L trng LF to fc COH, -, Sd R leading W to trn LF under jnd lead hnds, XLIFR twd LOD to fc ptr; (W Bk R trng LF, -, Sd & Fwd L trng LF under jnd lead hnds, Sd R cont trng LF to fc ptr);  
4 **[Basic End]** Sd R to BFLY COH, -, XLIBR (XRIBL), Rec R;

### 5-8 Lunge Basic twice;; Underarm Trn to ; Lariat M Trn LF to LOP RLOD;

- 5-6 **[Lunge Basic 2x]** BFLY COH Lunge Sd L, -, Rec R, XLIFR (XRIFL); Lunge Sd R, -, Rec L, XRIFL (XLIFR) ;  
7 **[Undrm Trn]** Sd L leading W to trn RF under jnd lead hnds, -, XRIBL, Rec L leading W to M's R sd (Sd R commence to trn RF undr jnd lead hnds, -, XLIFR trng 1/ 2 RF, Rec Fwd R to M's R sd);  
8 **[Lariat]** small Sd R leading W to circle around M, -, Sd L begin LF trn under jnd lead hnds, Rec Bk R to LOP RLOD chkg (Fwd L twd WALL, -, Fwd R with RF trn, Fwd L to fc RLOD;)

### 9-12 Outside Roll ; Basic End; Open Basic twice;;

- 9 **[Outside Roll]** Fwd L leading W to begin RF trn, -, Fwd R leading W to cont trn RF under jnd lead hnds, Fwd L to fc ptr; (Fwd R begin RF trn to fc M, Sd & Bk L cont RF trn under jnd lead hnds, Sd & Fwd R cont trn to fc ptr);  
10 **[Basic End]** Sd R to CP WALL -, XLIBR (XRIBL), Rec R;  
11-12 **[Op Basic 2x]** Sd L to Lf Half OP Pos fcg LOD, -, XRIBL, Rec L to fc; Sd R to Half OP Pos fcg RLOD, -, XLIBR, Rec R; (Sd R to Lf Half OP Pos, -, XLIBR, Rec R to fc; Sd L to Half OP Pos, -, XRIBL, Rec L; )

### 13-16 Switches;; Right Trn; Basic End CP COH;

- 13-14 **[Switches]** crossing in front of W Sd L to Left Half OP LOD, -, Fwd R, Fwd L; leading W to cross in front of M to Half Op LOD Fwd R, -, Fwd L, Fwd R; (Fwd R to Left Half Op LOD, -, Fwd L, Fwd R; crossing in front of M Sd L to Half Op LOD, -, Fwd R, Fwd L;)  
15 **[Right Trn]** crossing in front of W begin RF trn Sd L to fc ptr & COH, -, cont trn Sd R twd LOD to loose CP COH, XLIFR (Fwd R between M's feet trng RF, -, Sd L, XRIFL);  
16 **[Basic End]** Sd R to CP COH, -, XLIBR (XRIBL), Rec R;

## Part B

### 1-4 to RLOD Triple Traveler;;; Basic End Picking up fc LOD low BFLY;

- 1-3 **[Triple Traveler]** Sd & Fwd L commence LF trn to lead the W to M's L sd raising lead hnds to start W into LF trn, -, Fwd R, Fwd L (Sd & Bk R trng 1/4 LF, -, cont trn Sd & Fwd L cont trn 1/2 under jnd lead hnds, Sd & Bk R cont trn to fc RLOD); Fwd R spiral LF undr jnd lead hnds, -, Fwd L, Fwd R (Fwd L, -, Fwd R, Fwd L); Fwd L bring jnd hnds down and bk in a cont circular motion to lead W into a RF trn, -, Fwd & Sd R to fc ptr, XLIFR (Fwd R commence RF trn, -, Sd L cont RF trn under lead hnds, Fwd R to fc ptr) ;  
4 **[Basic End]** Sd R, -, XLIBR (XRIBL), Rec R picking up W to low BFLY fcg LOD;

### 5-8 Traveling Cross Chasse 4X to fc WALL;;;

- 5-8 **[Traveling Cross Chasse 4x]** bringing hnds to low BFLY fcg LOD Sd & Fwd L trng slightly LF to fc DLC -, Sd & Fwd R to DLW XLIFR (XRIFL); Sd & Fwd R trng RF to fc DLW -, Sd & Fwd L to DLC XRIFL (XLIFR); Sd & Fwd L trng LF to fc DLC -, Sd & Fwd R to DLW XLIFR (XRIFL); Sd & Fwd R trng RF to fc WALL -, Sd L, XRIBL (XLIFR);

### Part C

#### **1-4 Sd Basic; Sweetheart Wrap; Sweetheart Run 6 to fc;;**

1-2 **[Sd Basic]** Sd L, -, XRIBL, Rec L; **[Sweetheart Wrap]** Sd R begin to trn W to wrap pos, -, XLIBR trng W to wrap pos fcg LOD Rec R;

3-4 **[Sweetheart Run 6]** Fwd L, -, Fwd R, Fwd L; Fwd R, -, Fwd L, trng to fc ptr XRIFL (XLIFR) blending to BFLY WALL;

#### **5-8 Sd Basic; Sweetheart Wrap; Sweetheart Run 6 to fc;;**

5-6 **[Sd Basic]** Sd L, -, XRIBL, Rec L; **[Sweetheart Wrap]** Sd R begin to trn W to wrap pos, -, XLIBR trng W to wrap pos fcg LOD Rec R;

7-8 **[Sweetheart Run 6]** Fwd L, -, Fwd R, Fwd L; Fwd R, -, Fwd L, trng to fc ptr XRIFL (XLIFR) blending to BFLY WALL;

#### **9-12 Lunge Basic twice;; Solo Turn;;**

9-10 **[Lunge Basic 2x]** BFLY WALL Lunge Sd L, -, Rec R, XLIFR (XRIFL); Lunge Sd R, -, Rec L, XRIFL (XLIFR) ;

11-12 **[Solo Trn]** Fwd L to LOD begin LF (RF) solo trn, -, cont trn Sd R twd LOD, XLIFR (XRIFL) cont trn; Bk R to LOD cont LF (RF) solo trn, -, cont trn Sd L twd lod, XRIFL (XLIFR) cont trn to BFLY WALL;

#### **13-16 Lunge Basic twice;; Solo Turn;;**

13-14 **[Lunge Basic 2x]** BFLY WALL Lunge Sd L, -, Rec R, XLIFR (XRIFL); Lunge Sd R, -, Rec L, XRIFL (XLIFR) ;

15-16 **[Solo Trn]** Fwd L to LOD begin LF (RF) solo trn, -, cont trn Sd R twd LOD, XLIFR (XRIFL) cont trn; Bk R to LOD cont LF (RF) solo trn, -, cont trn Sd L twd lod, XRIFL (XLIFR) cont trn to BFLY WALL;

### Ending

#### **1-4 Sd Basic; Sweetheart Wrap; Sweetheart Run 6 to fc;;**

1-2 **[Sd Basic]** Sd L, -, XRIBL, Rec L; **[Sweetheart Wrap]** Sd R begin to trn W to wrap pos, -, XLIBR trng W to wrap pos fcg LOD Rec R;

3-4 **[Sweetheart Run 6]** Fwd L, -, Fwd R, Fwd L; Fwd R, -, Fwd L, trng to fc ptr XRIFL (XLIFR) blending to BFLY WALL;

#### **5-9 Sd Basic; Sweetheart Wrap; Sweetheart Run 6 to fc;; Lunge Sd & Hold;**

5-6 **[Sd Basic]** Sd L, -, XRIBL, Rec L; **[Sweetheart Wrap]** Sd R begin to trn W to wrap pos, -, XLIBR trng W to wrap pos fcg LOD Rec R;

7-8 **[Sweetheart Run 6]** Fwd L, -, Fwd R, Fwd L; Fwd R, -, Fwd L, trng to fc ptr XRIFL (XLIFR) blending to BFLY WALL;

9 **[Lunge Sd & Hold]** Lunge Sd L, -, slowly look RLOD, - ;