

O Tu O Ninguna

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Music: CD – Luis Miguel: Grandes Exitos, Disk 2, Track 6 - " O Tu O Ninguna" – available itunes
Footwork: Opposite, Unless noted (W's footwork in parenthesis) **Artist:** Luis Miguel
Rhythm: Bolero **Phase:** V+2 (Turkish Towel, Rudolph Ronde) **Degree of Difficulty:** Avg
Sequence: Intro - A – B– A (1-8) – Int – B mod – End **Released:** February 2009 ver 1.1

Intro

1-4 Wait Oboe solo – Tch L hnds; Lunge Apt w/ Arms; Circle walk SQQ; M hold W cont Circle; W trans to CP;

- 1 -4 M fc COH W fc wall Sd by Sd rt sds tog rt hnds tog held down between couple L ft free for both – Wait through Oboe solo while long note is held bring L hnds tog to tch palms with partners L hnd by R shoulders looking at each other;
[Lunge Apt w/ Arms] As melody starts Lunge apt on L circling L hnds slowly up and out to sd, and hold, -, - ;
[Circle Walk] Maintaining R hands wheel Fwd R, - Fwd L, Fwd R to M fc Wall (W fc COH) ; Man hold allowing W to cont circle around M (circle around M Fwd L, -, Fwd R, Fwd L) ; Man hold (W cont to circle around M trans Fwd R, -, Fwd L, -) to cp wall;

A

1-4 Half Basic; Sync Hip Rk; Lunge Brk w/ Hip Twist to Tandem & Hip Rk::

- 1-2 [Half Basic] Sd L with rise, -, Bk R, Fwd L;
[Sync Hip Rk] Rk Sd R with hip roll, -, Sd L/ Sd R, Sd L;
3-4 [Lunge Brk] Sd & Fwd R releasing CP and leaving M's L & W's R hnds jnd, -, flexing R knee extnd L Sd & Bk , rise on R straightening knee (W Sd & Bk L, -, bk R undr bdy flexing knee, Fwd L);
[Hip Twist to Tandem w/ Hip Rks] Hold & rise while bringing W Fwd & causing her to swvl RF to tandem wall, -, Sd L with hip roll, Rec Sd R with hip roll (W Fwd R twd M then swvl 1/2 RF to fc wall, -, Sd L with hip roll, Sd R with hip roll);

5-8 Parallel Brk Twice;; Bolero Walk; W Out to Fc – M Trans;

- 5-6 [Parallel Break] Comm RF trn Sd L trng RF, -, Bk R, Fwd L (Sd L trng RF, -, Bk R using R hand to caress R Sd of M's fc, Fwd L); Comm LF trn Sd R trng LF, -, Bk L, Fwd R (Sd R trng LF, -, Bk L using L hand to caress L Sd of M's fc, Fwd R);
7-8 [Bolero Walk] Fwd L, -, Fwd R, Fwd L; [M trans – W out to fc] Fwd R, -, Fwd L beginning to trn W LF to fc lod, - (Fwd R, -, Fwd L trng LF to fc M, Bk R to fc rlod);

9-11 Fwd Brk; Cross Body fc rlod handshake; Shad New Yorker;

- 9-10 [Fwd Brk] Sd & Fwd R, -, Fwd L with contra check action, Bk R (W Sd & Bk L, -, Bk R with contra check action, Fwd L);
[Cross Body] Sd & Bk L trn LF to "L" pos, -, trn LF slp Bk R, cont LF trn Fwd L to hndshk fc rlod (fwd R, -, Fwd L strt LF trn, cont LF trn Sd & Bk R fc lod);
11- [Shad New Yorker] Sd COHR trng ¼ RF (W LF) to fc COH w/ R hnds still jnd, -, ck thru L, Bk R trng ¼ LF (W RF) to fc ptr & rlod;

12-16 Turkish Towel::; W Sync Spin to fc ; Fwd Brk;

- 12-14 [Turkish Towel] Sd L raise jnd R hnds, -, Fwd R XIFL, Rec Bk L trng LF to fc wall ; side R join L hnds to end man's varsou pos W on left sd, -, check back L, Recover R ; side L to end man's varsou W on right sd, -, ck Bk R, Rec L ; (Sd R, -, Fwd L XIFR trn RF under jnd rt hnds, Fwd R cont trn to fc wall bhd man ; Sd & Fwd L arnd man to end in Bk of & to his left side join L hnds, -, ck Fwd R, Rec L ; Sd & Fwd R arnd man to end in Bk of & to his right sd, -, ck Fwd L, Rec R;)
15 [Lady Sync spin to fc] Sd R leading W to start pass M's L Sd beg to lead W to spin RF, -, Fwd L, - (Sd & Fwd L to M's L sd, -, Fwd R starting RF 1 ½ spin passing M's L sd/sd & Bk L cont spin, Bk R to fc M);
16 [Fwd Break] Sd & Fwd R to LOP fcng, -, Fwd L with contra check action, Bk R beg to come to cp wall (W Sd & Bk L, -, Bk R with contra check action, Fwd L);

B

1-3 Sync Telemark fc drw; Corte to Hip Rks; Rudolph Ronde w/ Sync Rev Underarm Trn Hndshk;

1-2 [Sync telemark S&QQ] Sd L w/ RF upper bdy trn in CP,-,slp R Bk trn strongly LF to CP DLC/fwd L in CP cont LF trn, Sd R cont trn (Sd R w/ RF upper bdy trn,-,slp L Fwd trn strong LF to CP/bk R cont LF trn, cl L to R for heel trn) to CP DRW;

[Corte w/ hip rks SQQ] Corte Bk LDLC,-,rec Fwd R, rec Bk L;

3 [Rudolph Ronde to Sync Rev Undr m Trn SQ&Q] Fwd R RF body trn, -, XLIB well under body/sd R trng to fc COH leading W LF underarm trn under jnd lead hnds, cls L fc COH Rt hnds jnd (W Bk L ronde R cw, -, xRib well under body look lt/Sd & fwd L LOD LF underarm trn, Bk R cont LF trn fc wall rt hnds jnd);

4-10 Half Moon;; Start Half Moon; Aida Lod ; *; Switch Rk; Spot Trn rld;

4-6 [Half Moon – start Half Moon] Sd R comm RF trn w/ R Sd stretch slight “V” shape twd ptr, -, cont trng RF slp Fwd L shaping to ptr, Rec Bk R trng to fc ptr; trng LF Sd & Fwd L w/ L Sd stretch, -, slp Bk R shaping to ptr, Fwd L cont trng to fc ptr and wall; Sd R comm RF trn w/ R Sd stretch slight “V” shape twd ptr, -, cont trng RF slp Fwd L shaping to ptr, Rec Bk R trng to fc ptr;

7-8* [Aida Prep] Sd L and rise and swivel LF chg to joined lead hnds,-, step thru R and lower swiveling RF, Sd and Bk L cont RF swivel (W Sd R and then rise swivel RF,-, step thru L and lower swiveling LF, Sd and Bk R cont LF swivel);

[Aida Line] Sd & Bk R to Bk to Bk “V” POS,-; ***meas 8 is only 2 beats***

9-10 [Switch Rk] trn LF and lunge Sd L to bfly, -, hip rks R, L;

[Spot Trn] Sd R & rise, -, XLIF of R trng RF, Fwd R trng to fc ptr and wall (W Sd L & rise, -, XRIF of L trng LF, Fwd L trng to fc ptr);

Int

1-4 Lunge Brk; Rt Pass; New Yorker to rld; CP Sync Hip Rk;

1-2 [Lunge Brk] Sd & Fwd R,-,flexing R knee xtnd L Sd & Bk, rise on R straightening knee (W Sd & Bk L,-,bk R undr bdy flexing knee, Fwd L);

[Right Pass] Fwd & Sd L comm RF trn raise jnd lead hnds, -, XRib of L cont RF trn, Fwd L to fc wall (W Fwd R, -, Fwd L comm LF trn, Bk R cont LF trn undr jnd hnds fc ptr);

3-4 [New Yorker] Sd R twd RLOD w/rise, -, swivel RF ck Fwd L twd RLOD, Bk R to fc ptr in cp wall (Sd L w/rise, - swivel LF ck Fwd R, Bk L to fc ptr cp);

[Sync hip rk] Rk Sd L with hip roll,-, Sd R/Sd L, Sd R;

B Modified

1-3 Ok Telemark fc drw; Bk to Hip Rks; Rudolph Ronde w/ Sync Inside Underarm Trn Hndshk;

1-3 Same as part B meas 1-3

4-9 Half Moon;; Start Half Moon; Aida Lod ;; Switch Lunge & hold w/ Caress ;

4-8 Same as part B meas 4-8

9- [Switch Lunge] trn LF and lunge Sd L to fc, hold & caress ptr fc with trailing hnd, -, -;

End

1-4 Spot Trn rld; Trng Basic;; Sd to Hinge;

1-4 [Spot Trn] Sd R & rise, -, XLIF of R trng RF, Fwd R trng to fc ptr and wall (W Sd L & rise, -, XRIF of L trng LF, Fwd L trng to fc ptr);

[Trng Basic] Assuming CP M fcg WALLSd L trng body RF, -, slp R Bk under body comm trng LF, Fwd L cont trng LF to fc COH (W Sd & slightly Fwd R trng body RF looking R, -, Fwd L comm trng LF, Bk R cont trng LF) end CP M fcg COH; Sd & slightly Fwd R, -, Fwd L w/ Contra Check like action, Bk R end CP M fcg COH;

[Sd to Hinge] Sd L, -, slight LF trn lower on L, - (Sd R trng LF, -, cont LF body trn XLIB R, lower on L extend R to rld look well to left); cont slight lowering release lead hnds W place R hnd on M's L shoulder both extend L arms out to side, -, -, -;